<center>**Professional Progress Summary**
NURS 481- Transition to Professional Nursing Practice</center>

Purpose of Assignment

   The purpose of this assignment is to address the student's attainment of all eight behaviors and/or competencies that are specific outcomes of the program including: critical thinking, nursing practice, communication, teaching, research, leadership, professionalism, and culture.

Student Approach to Assignment

   This paper summarizes the progression that I have made from my junior to senior year of Old Dominion University's nursing program. There are specific examples that provide insight into how I grew throughout the program as well as my evolvement with the eight core curriculum objectives. I am able to highlight my personal progress as I leave the nursing program and enter the field of nursing as a new graduate registered nurse. Overall, this paper is a great reflection of my experiences in nursing school.

Reason for Inclusion of this Assignment in the Portfolio

This assignment is included in the portfolio because it showcases my progress in the eight core curriculum behaviors which include critical thinking, nursing practice, communication, teaching, research, leadership, professionalism, and culture. It is a required component in my portfolio that highlights how I fulfilled a number of the end program outcomes.

- ❖ Communication
  - ➢ *Demonstrates skills in using technology, informatics, and communication devices that support safe nursing practice.*
    - ▪ Example: See page 5, paragraph 3 (Senior Year)

- ❖ Teaching
  - ➢ *Uses information technologies and other appropriate methods to communicate health promotion, risk reduction, and disease prevention across the life span.*
    - ▪ Example: See page 6, paragraph 2 (Junior Year)

  - ➢ *Uses information technologies and other appropriate methods to enhance one's own knowledge base.*
    - ▪ Example: See page 7, paragraph 2 (Senior Year)

- ❖ Research
  - ➢ *Differentiates between descriptive nursing literature and published reports of nursing research.*
    - ▪ Example: See page 7, paragraph 3 (Junior Year)

- ❖ Leadership
  - ➢ *Organizes, manages, and evaluates the development of strategies to promote healthy communities.*
    - ▪ Example: See page 9, paragraph 2 (Junior Year)

  - ➢ *Delegates and supervises the nursing care given by others while retaining the accountability for the quality of care provided.*
    - ▪ Example: See page 9, paragraph 3 (Senior Year)

- ❖ Professionalism
  - ➢ *Understands the effect of legal and regulatory processes on nursing practice and health care delivery, as well as limits to one's own scope of practice.*
    - ▪ Example: See page 10, paragraph 2 (Junior Year)

  - ➢ *Advocates for professional standards of practice using organizational and political processes.*
    - ▪ Example: See page 11, paragraph 1 (Senior Year)

- ❖ Culture
  - ➢ *Demonstrates sensitivity to personal and cultural definitions of health, and how these beliefs influence and individual's reactions to the illness experience and end of life.*
    - ▪ Example: See page 11, paragraph 2 (Junior Year)

  - ➢ *Considers the impact of research outcomes and, the effects of health and social policies, on persons from diverse backgrounds.*
    - ▪ Example: See page 12, paragraph 2 (Senior Year)