

Philosophy of Nursing
NURS 314 - Foundational Concepts
NURS 481 - Role Transition

Purpose of Assignment

The purpose of this assignment is to enable the student to rediscover his or her personal philosophy of nursing as it exists upon the completion of the baccalaureate nursing program.

Student Approach to Assignment

This assignment has allowed me to reflect on how my nursing philosophy has evolved through the time, experiences, and skills I have developed while in nursing school. My philosophy is the cornerstone of guidance for my values in nursing. Through self-examination, I was able to delineate my beliefs, values, and outlook for my nursing career through my education. The evolution of my nursing philosophy from start to finish of the nursing program has shown my growth of understanding from student to soon-to-be nurse. This assignment has strengthened my resolve to stay committed to the nursing philosophy I have developed and how my individual principles of nursing guide my practice. This serves as a foundation for my ever-expanding knowledge and will continue to do so well into my nursing career.

Reason for Inclusion of this Assignment in the Portfolio

This required portfolio assignment shows my growth understanding the depth and breadth of nursing practice as I develop the framework that will guide my career. The following program objectives are highlighted:

- Critical Thinking
 - *Uses nursing and other appropriate theories and models to guide professional practice.*
 - Example: As discussed in this paper, my assumptions in the relationship between the nurse and the client, the nurse and the community, and the nurse and other healthcare professionals based on Madeleine Leininger's Culture Care Theory, Betty Neuman's System Model, and Imogene King's Goal Attainment Theory.
- Leadership
 - *Articulates the values of the profession and the role of the nurse as member of the interdisciplinary health care team.*
 - Example: As discussed in this paper, I outline the nursing profession's values in order to promote health for the patient and assist them in returning to their quality of life. Through the use of Imogene King's Goal Attainment Theory, I discuss how an interdisciplinary team works towards a common goal through communication to restore the patient to their optimal health.